

SCIENCE • INNOVATION • QUALITY • RESULTS

ALLMAX[®]
ESSENTIALS

• PROFESSIONAL GRADE SUPPLEMENTS •

Known as the healthiest of fats, Omega 3 Essential Fatty Acids (EFAs) provide a wide range of health and performance benefits.*

Research has shown that increased consumption of Omega 3 EFAs improves the elasticity of arterial walls and helps to reduce harmful levels of plasma triglycerides.*

Omega 3s are found in high concentrations in the brain as they are essential for nerve conduction and brain function. In addition, a deficiency in Omega 3 EFAs may impair learning ability and memory. Rapid nerve impulses are essential for any athlete.*

Research has also shown a reduction in weight with increased consumption of Omega 3 EFAs. One study with consumption of over 3 g a day of Omega 3 EFAs showed a 26% reduction in weight.*

ALLMAX Omega 3 has a neutralized flavour to reduce the "fishy repeat" experience of other fish oil capsules. Made from Wild-caught Anchovies and Sardines caught in the pristine waters off the coasts of Chile and Peru.

Enclosed in a black opaque container, ALLMAX Omega 3 EFAs are protected from light-source degradation keeping your Omega 3s in pristine condition. Enjoy all of the healthy benefits with none of the drawbacks that some formulations have with ALLMAX Omega 3 EFAs.



OMEGA-3[™]
PUR ALLMAX OMEGA3 EFAs ARE FREE OF DETECTABLE LEVELS OF LEAD, CADMIUM, ARSENIC & MERCURY

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

OMEGA3

- + SOURCE OF OMEGA 3 ESSENTIAL FATTY ACIDS (EFA)
- + EXCELLENT SOURCE OF EPA AND DHA
- + HELPS SUPPORT BRAIN FUNCTION*

NEUTRALIZED FLAVOR
NO FISHY AFTERTASTE



180 SOFTGELS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Softgel Capsule
Servings Per Container 180

Amount Per Serving	% Daily Value
ULTRA-PURE COLD-WATER FISH OIL CONCENTRATE	1000 mg †
18% EPA - Eicosapentaenoic Acid, 180 mg	
12% DHA - Docosahexaenoic Acid, 120 mg	

† Daily Value not established

Other Ingredients: Gelatin, Glycerin, Purified Water.

DIRECTIONS: Take one softgel two to three times daily.

WARNINGS: For adult use only. Store at room temperature, away from moisture and direct sunlight. Do not use if inner seal is broken. KEEP OUT OF REACH OF CHILDREN.

CALIFORNIA WARNING: Lead is known to the State of California to cause birth defects or reproductive harm. Consuming this product can expose you to more than 0.0000005 g of lead. For more information go to www.P65Warnings.ca.gov.

ALLERGEN WARNING: Contains anchovies and/or sardines. Produced in a facility that also handles Milk, Soy, Egg, Peanut, Tree Nuts, Sesame, Fish, Crustacean and Shellfish products.

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Made in USA with domestic and imported ingredients

